https://essayswriting.org/getting-final-year-college

**How to finish the last year in college?**

You didn’t even notice how those 3 years gone by. I can’t believe, that almost recently I was running around campus with an expression of confusion and misunderstanding trying to find a class. I couldn’t believe ,that the time passed unnoticed, but the most unexpected thing, that I have a lot to do before graduation. The last exams, the research project , scattered understanding of what’s gonna happen next add a little bit of nerve.

It isn’t really important of how you’ve spent these 3 years in the meticulous study in the library or in the bar – each of us had a lot to do. The main step is not to panic and is going to tune up. You can learn about the effective ways how to get ready for work and how to be prepared before the final exams.

3 simple rules for successful year:

* Don’t procrastinate
* Work hard
* Have a rest

*Be prepared to work hard*

The most famous dilemma is to study or to spend time in Facebook. Hamlet couldn’t imagine that this difficult question would be in the 21st century. Nevertheless, if you haven’t stopped to use social networks and searching for memes every 10 minutes, you can turn to miserable Yorick who’ll be buried under a bunch of work to be done. That doesn’t mean to give up Facebook completely . Learn how to find a balance between study and your free time. If it’s hard for you – think about the benefits: surf in the Net and have a lot to do, have an insomnia or to concentrate and have a healthy sleep. What do you want more? You should to choose only one. If you are social addicted, try to find some motivated blogs , they will remind you that you’re not alone and you have a goal. Finish this article and go study.

*Remember the fable about the Grasshopper*

The youth doesn’t happen again. The years in the college are the best: you have a lot of parties, fun, a lot of activities and strange situations. But before the final exams it’s necessary to concentrate on the study, but not on the fun. Make a weekly plan and include there study and entertainment. Remember that the price of your laziness in this period is high. If you decide to go to the bar instead of study – firstly think about it. Your productivity will be the lowest in the morning after a noisy party. You need to relax, but don’t overuse it. Remember the fable about the Ant and the Grasshopper.

*Do only urgent things*

Procrastination is the cruel thing for everyone, but especially for the students. This feature is inherent to students. The college life should have taught you how to manage work and how to plan your time. The most important things in the Alma Mater. To be honest, I have a sleepless nights too, working on the project with a lot of cups of coffee. But if you want to do the excellent work in time, try to plan your work. A lot of mistakes, a crumpled paper and a lack of inspiration won’t lead you to a successful final year in college.

<https://essayswriting.org/how-to-improve-the-productivity>

**How not to procrastinate**

Each of us had had situations like this: a lot of work on a serious project at work or college and suddenly it has stopped. The inspiration is gone because of the lack of ideas, fresh thoughts. It is a common problem, but it doesn’t mean that it is a normal. It’s possible to wriggle out of the deadlock. Here are some easy tips for everyday that can be used for any work or studying.

3 easy rules:

* Be self-motivated
* Have a discipline
* Don’t forget about the rest

*Sleep is very important thing*

The main problem is a sleep deprivation. You fall asleep at night, but it’s not about your brain. It performs one of the most important functions – excretes metabolites from the neurons(all unnecessary and harmful things). It just cleans itself. Here is an example: what will happen with your computer if you don’t clean it? It will be more liable to derangements! Having a healthy sleeping pattern will keep the brain fit. It looks like there’s not enough time to solve the task and the first idea which comes is to cut on sleep. Well, it is false. If the head isn’t fresh, you won’t have the strength and energy for work.

*Distract from the theme*

I will tell the story of one nurse: every time when she was going home by bus after work, she was looking at the passengers’ arms and thinking whether she could hit the vein on the first try for a blood test. When you are working hard on something all the time, you are all into the subject even when you are walking in the park. If you get yourself distracted for some usual things (for example: a cup of coffee or brushing teeth), subconsciously thoughts, related to your project are being in your head. You should free your mind and the decision may come to you, even while you’re making a breakfast.

*Have a rest*

Working hard is very important for productivity. But being “workaholic” shouldn’t be the case. Working stress, thinking process are fraught with what people call losing an inspiration. Losing interest to your work, because it doesn’t bring you happiness any more, won’t increase productivity. Be more condescending to yourself: give your mind an opportunity to relax in the park or by water. Take pauses, it helps you to stay calm and save your energy. Remember the White Rabbit’s words: “The hurrier I go, the behinder I get”.

*Don’t find inspiration in the music*

Of course, British rock is great, but listening to Muse will bestow you ideas while watching Internet and doing nothing. The inspiration will come to you only during the work. But the lack of inspiration is not a problem and an excuse for not working. The productivity will rise in the process when you are working on your project and get deep into your ideas, thoughts. This is the way to find an inspiration

*Plan your work*

We have 24 hours every day. This fact is very important, but often we forget about it. But it’s a human nature! We haven’t an opportunity to make our days longer or a bit shorter. We can control only our 24 hours, which we have. Plan your work ahead and try to start your day from the more difficult tasks. It helps you to start your day efficiently. Don’t procrastinate and your productivity will remain high as long as you work and don’t leave the work for the last hours. The hardest thing is to start! You know, that nothing special will get into your head, when it’s full of thoughts about exams and other deadlines.